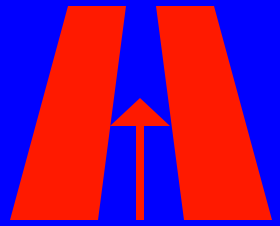




# Postpartum Counseling and Followup

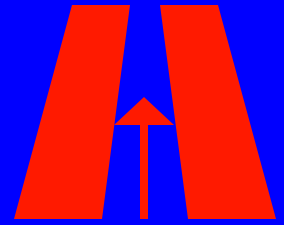


## Counseling for Future Pregnancies

Risk of recurrent preeclampsia increases with

- Preeclampsia before 30 weeks (40%)
- Multiparas as compared with nulliparas or new father

Risk of recurrent preeclampsia may be substantially greater in African Americans.



# Remote Prognosis

## Preeclampsia-Eclampsia

- The more certain the diagnosis of preeclampsia, the lower the prevalence of remote cardiovascular disorders.
- Preeclampsia-eclampsia in subsequent pregnancies helps define future risk.
- Gestational hypertension in any pregnancy increases remote cardiovascular risk.